



A Body of Wisdom Natural Family Medicine, LLC
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PATIENT INFORMATION AND HEALTH HISTORY – Long Intake

PERSONAL & WORK INFORMATION Accident or Injury Date: _____ (PI or Workman's Comp)
(Complete PI/Worker's Comp Form)

Date: _____ Patient Name: _____ Age: _____

Birth Date: _____ Social Security#: XXX-XX-_____ M F Home Phone: _____

Address: _____ Mobile Phone: _____

City: _____ State: _____ Zip: _____

Are you: Single Married Significant Partner Living with: Spouse Parents Relatives Friends Alone

Occupation: _____ Employer: _____ Work Phone: _____

Email: _____

Emergency Contact: _____ Relationship: _____ Phone(s): _____

How did you learn about our practice? Friend ad yellow pages drive-by health professional other: _____

FINANCIAL & INSURANCE INFORMATION

Please choose one: I will pay my balance in full at time of service. I prefer to make payment arrangements prior to services being rendered.

Do you have Medical Insurance that covers Naturopathic: Yes No If yes, Please check the type of Insurance: Private Insurance Company
Medicare Medicaid Personal Injury/Workman's Comp. (see other form) Other: _____

Insurance Co.: _____ Policy#: _____ Group#: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Insured Name: _____

Relationship to Insurer: Self Spouse Child Partner Complete the following information about the Insurer if other than self: M F

Birth Date: _____ Address, _____ City, _____ St, _____ Zip: _____

Phone#: _____ SS#: _____ Employer Name: _____

Address, _____ City, _____ St, _____ Zip: _____ Phone: _____

RECORDS RELEASE & ASSIGNMENT OF INSURANCE BENEFITS

The undersigned hereby authorizes the Release of any Information relating to claims for benefits submitted. I agree and acknowledge that I authorize my physician to submit claims for benefits, for services rendered, without obtaining my signature on each claim. Furthermore this authorization permits A Body of Wisdom to use or disclose to

A Body of Wisdom Natural Family Medicine. I (patient) _____ hereby authorize (Insurance Co.) _____ to pay and hereby assign directly to assigned physician practicing at A Body of Wisdom all owed benefits. I understand I am financially responsible for all charges incurred.

Patient Signature or Guardian if patient is under 18 years of age Relationship to patient Date

CONSENT FORM & AGREEMENT

Any procedure intended to help may have complications. While the chances of experiencing complications are small, it is the practice of this clinic to inform our patients about them. These complications may include, but are not limited to soreness, inflammation, soft tissue injury, dizziness, burns and temporary worsening of symptoms. More serious complications are extremely rare. Additional information on side effects and complications is available upon request. It is also our policy to inform you of the procedure being performed and the risks and alternative treatments available. If your physician does not explain to your satisfaction, please ask for more information. I have read and understand the above statements regarding treatment side effects and I also understand that there is no guarantee for a specific cure or result.

Patient Signature or Guardian if patient is under 18 years of age Relationship to patient Date

Health History Questionnaire

Holistic health care and preventive medicine are only possible when the physician has a complete understanding of your physical, mental, emotional and spiritual nature. Therefore, please take the time to carefully and thoroughly complete your questionnaire. Print all information and mark anything you don't understand with a question mark.

Where did you last receive health care? _____ When? _____

Reason for last visit: _____

Please list your health concerns in order of importance:

1. _____
2. _____
3. _____
4. _____
5. _____

Please list traumatic events in your life that you believe have impacted your health:

Allergies (Please list any drugs, foods, or substances and your reaction):

Do you routinely take?

Laxatives	Y	N	Pain relievers	Y	N	Antacids	Y	N
Cortisone	Y	N	Hormones	Y	N	Thyroid medication	Y	N
Tranquilizers	Y	N	Sleeping pills	Y	N	Antidepressants	Y	N

Please list (or submit a copy of your list) of all prescription medications, over the counter medications, vitamins or other supplements you are currently taking: _____

Exposure Are you aware or do you suspect that you have been exposed to toxic substances in your home or work environment? Please describe _____

Childhood illnesses:

Rheumatic fever	Y	N	Measles- 2 week	Y	N	German measles-3 day	Y	N
Chicken pox	Y	N	Eczema	Y	N	Asthma	Y	N
Ear infections?	Y	N	Do you have your tonsils?	Y	N	Other _____		

Immunizations:

Diphtheria	Y	N	Tetanus (within past 10 yrs)	Y	N	Measles/Mumps/Rubella	Y	N
Pertussis	Y	N	Last PPD _____			Other _____		

FAMILY HISTORY:

Check those applicable	Father	Mother	Brother	Sister	Spouse	Child
Age (if living)	_____	_____	_____	_____	_____	_____
Health: G=good P=poor	_____	_____	_____	_____	_____	_____
Cancer (type?)	_____	_____	_____	_____	_____	_____
Diabetes	_____	_____	_____	_____	_____	_____
Heart attack or heart failure	_____	_____	_____	_____	_____	_____
High blood pressure	_____	_____	_____	_____	_____	_____
High cholesterol	_____	_____	_____	_____	_____	_____
Stroke	_____	_____	_____	_____	_____	_____
Epilepsy	_____	_____	_____	_____	_____	_____
Mental illness	_____	_____	_____	_____	_____	_____
Asthma, hay fever, hives	_____	_____	_____	_____	_____	_____
Anemia	_____	_____	_____	_____	_____	_____
Kidney disease	_____	_____	_____	_____	_____	_____
Glaucoma	_____	_____	_____	_____	_____	_____
Osteoporosis	_____	_____	_____	_____	_____	_____
Tuberculosis	_____	_____	_____	_____	_____	_____
Rheumatoid arthritis	_____	_____	_____	_____	_____	_____
Thyroid disease	_____	_____	_____	_____	_____	_____
Age deceased	_____	_____	_____	_____	_____	_____
Cause of death	_____	_____	_____	_____	_____	_____

Hospitalizations and Surgeries (list reason &/or type of surgery and date):

Last blood work (type & date) _____ Last colonoscopy or stool cards _____

Last Pap smear & result _____ Last mammogram _____

Last bone densitometry _____ Last testicular/prostate exam _____

Last physical _____ Last EKG _____

Last chest x-ray _____ Last spinal x-ray _____

Please circle:

Y= a condition / circumstance you have now N= never had condition P= Past condition/circumstance

General:

Weight _____		Rashes	Y	N	P
Weight 1 yr ago _____	Y N P	Eczema, hives	Y	N	P
Satisfied with weight?	Y N	Acne, boils	Y	N	P
Height _____	Y N P	Itching	Y	N	P
Fatigue _____	Y N P	Color change	Y	N	P
Night sweats	Y N P	Lumps	Y	N	P
		Herpes	Y	N	P

Skin:

Head:

Tension headaches	Y	N	P
Migraines	Y	N	P
Hair loss	Y	N	P
Head injury	Y	N	P

Eyes:

Change in vision	Y	N	P
Double vision	Y	N	P
Glaucoma	Y	N	P
Cataracts	Y	N	P
Eye pain	Y	N	P
Tearing or dryness	Y	N	P
Glasses or contacts	Y	N	P

Ears:

Hard of hearing	Y	N	P
Ringing	Y	N	P
Dizziness	Y	N	P
Earache	Y	N	P

Nose/sinuses:

Frequent colds	Y	N	P
Stuffiness	Y	N	P
Sinus infections	Y	N	P
Hay fever	Y	N	P
Frequent nose bleeds	Y	N	P

Mouth & throat:

Frequent sore throat	Y	N	P
Sore/swollen tongue	Y	N	P
Difficulty swallowing	Y	N	P
Hoarseness	Y	N	P
Frequently clear throat	Y	N	P
Bleeding/receding gums	Y	N	P
Dental cavities	Y	N	P
Toothache/sensitivities	Y	N	P

Neck:

Lumps	Y	N	P
Swollen glands	Y	N	P
Goiter	Y	N	P
Pain or stiffness	Y	N	P

Respiratory:

Asthma	Y	N	P
Emphysema	Y	N	P
Frequent cough	Y	N	P
Productive cough	Y	N	P
Bronchitis	Y	N	P
Shortness of breathe	Y	N	P
Wheezing at night	Y	N	P
Wheezing lying down	Y	N	P
Wheezing on exertion	Y	N	P
Pain on breathing	Y	N	P
Pneumonia	Y	N	P
Pleurisy	Y	N	P
Tuberculosis	Y	N	P

Cardiovascular:

Heart failure	Y	N	P
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Heart attack	Y	N	P
Chest pain/angina	Y	N	P
High blood pressure	Y	N	P
High cholesterol	Y	N	P
Fluttering in chest	Y	N	P
Heart murmur	Y	N	P
Rheumatic fever	Y	N	P
Swelling in ankles	Y	N	P

Gastrointestinal:

Frequent indigestion	Y	N	P
Vomiting	Y	N	P
Vomiting blood	Y	N	P
Blood in stool	Y	N	P
Abdominal pain	Y	N	P
Gallbladder pain	Y	N	P
Liver disease/hepatitis	Y	N	P
Frequent belching/gas	Y	N	P
Heartburn	Y	N	P
Ulcers	Y	N	P
Hemorrhoids	Y	N	P
Constipation	Y	N	P
Diarrhea	Y	N	P
Bowel movementsHow often? _____			
Is this a change? _____			

Urinary:

Pain on urination	Y	N	P
Increased frequency	Y	N	P
Frequency at night	Y	N	P
Dribble urine	Y	N	P
Frequent infections	Y	N	P
Kidney stones	Y	N	P

Breasts:

Do you do self-exam?	Y	N	P
Lumps	Y	N	P
Pain or tenderness	Y	N	P
Nipple discharge	Y	N	P

Female reproductive:

Ave. # of days of cycle	__	Length of cycles	__	
Regular cycles	Y	N	P	
Skipped cycle(s)	Y	N	P	
Breakthrough bleeding	Y	N	P	
Menopausal symptoms	Y	N	P	
Sexually active	Y	N	P	
Pain with intercourse	Y	N	P	
Birth control? What type	_____	Y	N	P
# of pregnancies	_____	# of live births	_____	
# of miscarriages	_____	# of abortions	_____	
Difficulty conceiving	Y	N	P	
Sexually transmitted disease	Y	N	P	
Sexual difficulties	Y	N	P	
Freq. vaginal infections	Y	N	P	
Sexual preference:				
Heterosexual	_____	Y	N	P
Bisexual	_____	Y	N	P
Homosexual	_____	Y	N	P

Male reproductive:

Hernias	Y	N	P
Testicular lump	Y	N	P
Testicular pain	Y	N	P
Prostate disease	Y	N	P
Sexually active	Y	N	P
Birth control? What type _____	Y	N	P
Sexually difficulties	Y	N	P
Difficulty conceiving	Y	N	P
Sexually transmitted disease	Y	N	P
Sexual preference:			
Heterosexual _____	Y	N	P
Bisexual _____	Y	N	P
Homosexual _____	Y	N	P

Musculoskeletal:

Joint pain/stiffness	Y	N	P
Arthritis	Y	N	P
Broken bones	Y	N	P
Osteoporosis	Y	N	P
Muscle spasms/cramps	Y	N	P
Muscle weakness	Y	N	P
Loss of coordination	Y	N	P

Peripheral vascular:

Blood clots	Y	N	P
Anemia	Y	N	P
Easy bleeding/bruising	Y	N	P
Varicose veins	Y	N	P
Cold hands/feet	Y	N	P
Raynauds disease	Y	N	P

Neurologic:

Head injury	Y	N	P
Stroke	Y	N	P
Seizures	Y	N	P
Fainting	Y	N	P
Paralysis	Y	N	P
Numbness or tingling	Y	N	P
Memory loss	Y	N	P
Loss taste or smell	Y	N	P
Loss of balance	Y	N	P

Endocrine:

Hyperthyroid	Y	N	P
Hypothyroid	Y	N	P
Heat/cold intolerance	Y	N	P
Diabetes	Y	N	P
Excessive thirst	Y	N	P

Spiritual:

Please describe your spiritual beliefs or practices: _____

Excessive hunger	Y	N	P
Excessive urination	Y	N	P
Excessive fatigue	Y	N	P

Emotional:

Depression/sadness	Y	N	P
Mood swings	Y	N	P
Feel out of control	Y	N	P
Feel stressed out	Y	N	P
Feel nervous	Y	N	P
Indecisive	Y	N	P
Feel isolated	Y	N	P
Uncontrolled anger	Y	N	P
Feel afraid	Y	N	P
Loss of self-esteem	Y	N	P
Feel victimized	Y	N	P
Anorexia/bulimia	Y	N	P
Do you sleep well	Y	N	P
Awaken rested	Y	N	P
Average 6-8 hrs sleep	Y	N	P
Work unusual hours	Y	N	P
Enjoy your work	Y	N	P
Take vacations	Y	N	P
Spend time outdoors	Y	N	P
Exercise routinely	Y	N	P
What forms? _____			
How often _____			
Use tobacco, how much _____	Y	N	P
Drink alcohol, how much _____	Y	N	P
Treated for alcoholism	Y	N	P
Use recreational drugs	Y	N	P
Treated for drug abuse	Y	N	P

Diet:

Do you eat three meals daily? Y N
 Blood Type? A B AB O
 Breakfast: _____
 Lunch: _____
 Dinner: _____
 Snacks: _____
 How many glasses of water do you drink daily? ____
 Do you drink caffeinated products? Y N
 If so, what kind? _____

Hobbies:

